

BSS NEWSLETTER



NEW VIRTUS BULLETIN THIS WEEK!

Wednesday, March 9, 2022

 [CLICK HERE FOR CALENDAR](#)

 [CLICK HERE FOR CAFETERIA](#)

 [CLICK HERE FOR BOOSTERS](#)

 [CLICK HERE FOR SYCAMORE](#)

 [CLICK HERE FOR ARTSONIA](#)

 [CLICK HERE FOR SERVICE](#)

WHAT'S HAPPENING THIS WEEK?


Thursday:  **SPIRITWEAR DAY**
10 **12:15-1:45** - Confession (*grade 2*)
6:00-8:00 - **BSS SKI CLUB HOT CHOCOLATE SOCIAL**
(*Perfect North Slopes Lodge*)

Friday: **11**
8:15 - Mass (*grades k-4*)

Monday: **14**
2:30-3:30 - Children's Choir rehearsal (*grade 5-8*)

Tuesday: **15**
12:15-1:45 - Confession (*grade 8*)
2:30-3:30 - Children's Choir rehearsal (*grade 4*)
5:00-9:00 - **CHIPOTLE SPIRIT NIGHT!**
(*Buttermilk Pike location*) 

Wednesday: **16**
8:15 - Mass (*grades 5-8*)
2:30-3:15 - Homework Buddies
2:30-3:30 - Lego Robotics
12:15-1:45 - Confession (*grade 4*)

Thursday:  **SPIRITWEAR DAY - WEAR GREEN!**
17 **12:15-1:45** - Confession (*grade 6*)
2:15-3:15 - Student Council Meeting

Friday: **18**
NO BUS SERVICE
8:15 - Mass (*grades k-4*)

WHAT'S FOR LUNCH?

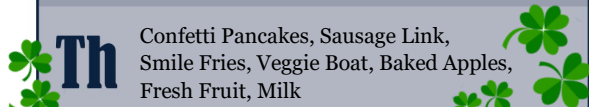
Th 3- or 4-Way Chili Spaghetti, Kidney Beans, Diced Onions, Oyster Crackers, Glazed Carrots, Veggie Boat, Mandarin Oranges, Fresh Fruit, Milk

F Big Daddy's Cheese Pizza OR Cheese Breadstick w/Marinara, Steamed Broccoli, Garden Salad, Applesauce, Fresh Fruit, Milk

M Chicken Tenders, Roasted Potatoes, Green Beans, Diced Peaches, Frozen Sidekick, Fresh Fruit, Milk

T Donato's Pepperoni Pizza OR Big Daddy's Cheese Pizza, Carrots and Celery with Dip, Steamed Broccoli, Diced Pears, Fresh Fruit, Milk

W Spaghetti with Meatballs, Garlic Breadstick, Glazed Carrots, Garden Salad, Pineapple Tidbits, Fresh Fruit, Milk

 **Th** Confetti Pancakes, Sausage Link, Smile Fries, Veggie Boat, Baked Apples, Fresh Fruit, Milk

F Grilled Cheese, Tomato Soup, Oyster Crackers, Garden Salad, Applesauce, Fresh Fruit, Milk

WEEKEND MASSES

WE WOULD LOVE TO SEE YOUR FAMILY AT MASS THIS WEEKEND!

Saturday:
4:00pm

Sunday:
9:00am, 11:00am

A Note From Your Administration

Good afternoon, parents!

Happy Wacky Wednesday from our first graders! They spent a day wearing backwards clothes, tricking staff by switching name-tags, and enjoying wacky surprises! We just wish they wouldn't have brought the wacky Wednesday weather with them today!

We want to congratulate 4th grader Cash Wiehe on his upcoming First Communion this weekend. Please say an extra prayer for him as he receives his first Holy Eucharist this weekend at the 9 a.m. Mass.

Please read on for updates and reminders.

After-Care Staff Members Needed!

Looking for an after-school job opportunity for your high school or college student? We need your help to staff an after-care program! Blessed Sacrament School is seeking staff members for the 2022-2023 school year. The primary responsibility of the position is to support the after-care director with the program. This includes supervising students, facilitating activities, and homework help. Candidates must possess a positive attitude and love for children, and must be physically able to interact with elementary-aged children on a daily basis. Prior experience in childcare is preferred, but not required. The aftercare program will run every school day, Monday - Friday, 2:00 - 6:00 PM. Interested candidates should email Principal Dan Steffen at dsteffen@bssky.org.

New Spirit Wear Sale

A Spirit Wear sale is currently open! You can purchase items [here](#). The site is open to take orders through March 13th for delivery April 4th.

Registration

Registration for the 2022-2023 school year was due 3/1. You can register via a paper packet or online [here](#). Class lists cannot be altered after the end of the school year, so, if you have any accommodations that need to be taken into consideration, please email them to the administration as soon as possible. As a reminder, we do not take requests for teachers.

Tech Tuesdays

Yesterday was our second Tech Tuesday. This week our theme is "Dangerous Content: Predators & Inappropriate Content." While these topics are more sensitive and difficult to read about, they are problems potentially facing all users of smart phones and tablets, including children. Please take some time to open the attachment and read about the latest research and data on dangerous content.

To learn more about this week's topics, check out the links below:

- Integrity Restored – www.integrityrestored.com
Resources to help individuals or families impacted by pornography or pornography addiction.
- American Psychological Association – www.apa.org/topics
Resources listed by topic ranging from depression to children and media.
- Protect Young Eyes – www.protectyoungeyes.com
Resources for parents to help protect children from today's technology dangers.
- Bark's 12 Most Dangerous Apps (explained) - <https://www.bark.us/blog/dangerous-apps-kids/>
Explanations and details on why each of the 12 apps are considered dangerous to children.

Looking ahead: Tech Tuesday - Week 3 "Digital Protection: How to Improve Safety on Your Child's Devices"

Covid Reporting

We have zero positive cases and zero quarantines.

Dates to Remember:

- 3/10: 2nd Grade Confessions
- 3/11: K-4 Mass @ 8:15
- 3/13: Confirmation Retreat
- 3/15: 8th Grade Confessions
- 3/16: 4th Grade Confessions, 5-8 Mass @ 8:15
- 3/17: Wear Green for Saint Patrick's Day!, 6th Grade Confessions
- 3/18: No Bus Service, K-4 Mass @ 8:15
- 3/21: NO SCHOOL (Teacher Professional Development)
- 3/24: First Communion Retreat @ 6:00-7:30 in the church
- 3/25: All School Mass @ 8:15, 3rd Grade Donuts with my Dudes @ 9:00

Thank you and have a great rest of the week!

Mr. Steffen & Mrs. Geiman



Tech Tuesday: Dangerous Content

A Digital World with No Boundaries

By Kendra McGuire

Today's parents are deciding what age is appropriate for their child to have a tablet or smartphone. Many times we justify the phone as a tool for safety as it helps us know where our children are at all times. But this feeling of security needs to be tempered with the reality that these devices, without safety controls, allow children the opportunity to visit the world's darkest places, see the most vile and violent acts, and allows predators to contact them any time day or night. This Tech Tuesday, read on to explore the dangers of the digital world.

Depression & Suicide

In several recent studies, teens and young adults who spent the most time on Instagram, Facebook, and other platforms were shown to have a substantially higher (13%-66%) reported rate of depression than those who spent the least time on them.

An increase in depression occurred in tandem with the rise in smartphone use. A 2017 study of over a half million 8th-12th graders found that the number exhibiting high levels of depressive symptoms increased by 33% from 2010-2015. In the same period, the suicide rate for girls in that age group increased by 65%.⁽¹⁾ In 2018, suicide was the #2 cause of death among 10-24 year olds.⁽²⁾ These rates have been skyrocketing during the pandemic.

1-<https://www.common sense media.org/mental-health/does-social-media-cause-depression>

2-https://americashealthrankings.org/explore/health-of-women-and-children/measure/teen_suicide/state/ALL

3-<https://www.childhood2movie.com>

Our Faith

Whoever causes one of these little ones who believe in me to sin, it would be better for him to have a great millstone hung around his neck and to be drowned in the depths of the sea. Woe to the world because of things that cause sin. Such things must come, but woe to the one through whom they come.

Matthew 18:6-7

Predators & Inappropriate Content

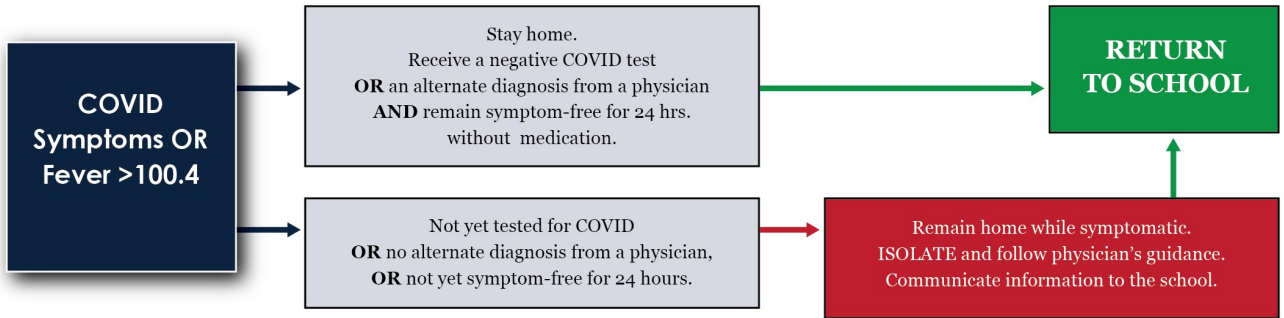
The majority of high school and even middle school girls in the U.S. with regular access to smartphones have been asked by a peer or predator to share a nude or compromising photo of themselves and/or have been sent a sexual text.⁽³⁾

According to Bark's 2021 Annual Report analyzing 3.4 billion messages across multiple texts and apps:

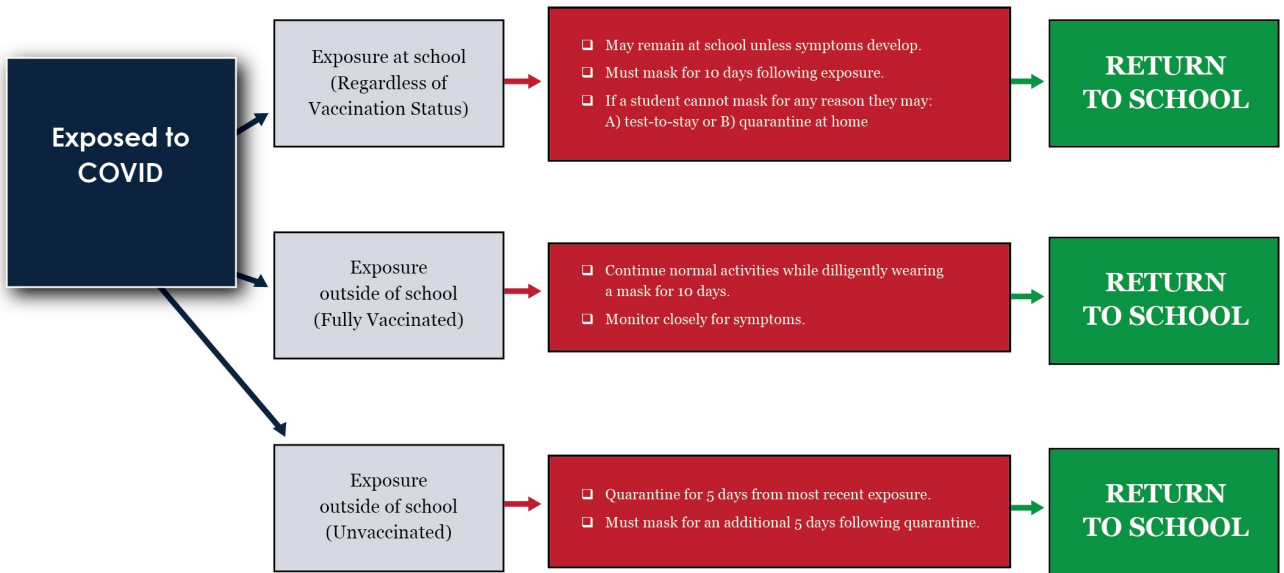
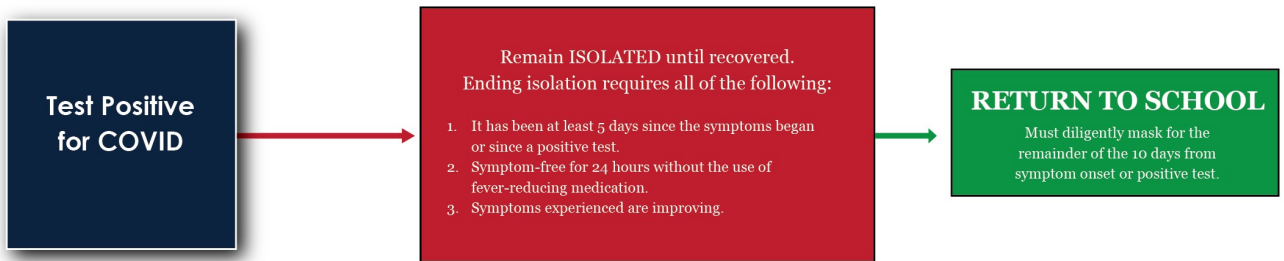
- Nearly 10% of tweens and 21% of teens encountered predatory behaviors online.
- Bark alerts for predators are sent when a conversation is sexual in nature and there is a confirmed age difference.

According to the Integrity Restored website:

- The average age a child is first exposed to internet pornography is 11.
- 80% of 15-18 year-olds have had multiple exposures to internet pornography.
- The largest single population of internet pornography users are 12-17 year olds.

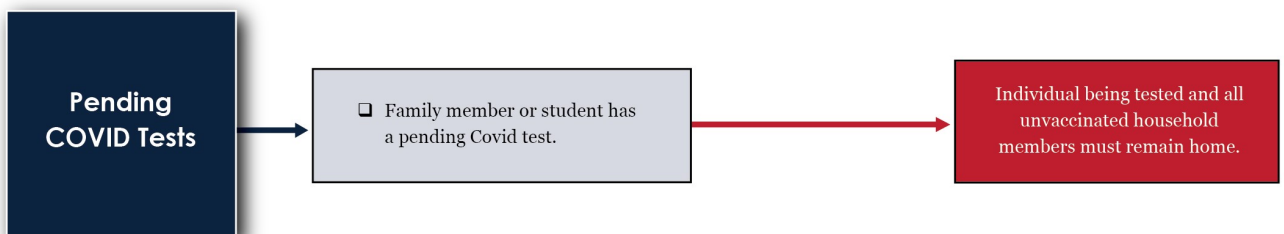


COVID-19 symptoms include: fever (above 100.4°F), chills, shortness of breath, fatigue, muscle/body aches, headache, loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea and a new, uncontrolled cough that causes difficulty breathing.



“Close contact” is defined as an individual within 3 feet of someone who has COVID for a total of 15 minutes (cumulative) over the previous 24 hours.

The CDC now considers those who are **“fully vaccinated”** as having the booster vaccine, completed the 2 dose series of Pfizer or Moderna within the last 6 months, OR completed the J&J vaccine within the last 2 months.



Thumbs Up!



THUMBS UP for Peyton and Landon!

These awesome students helped Mrs. Gastright sort through the Lost and Found this week.

This is a **HUGE** undertaking,
and we appreciate their help!



Be the WHY

You are part of the WHY that allows each of us at Blessed Sacrament School to strive for excellence every day. Your support motivates us to continue to aspire towards greatness.

We would like to thank everyone who has already donated to this year's Annual Giving Campaign. The generosity and support of many parish families, in addition to 37% of our school families, is greatly appreciated.

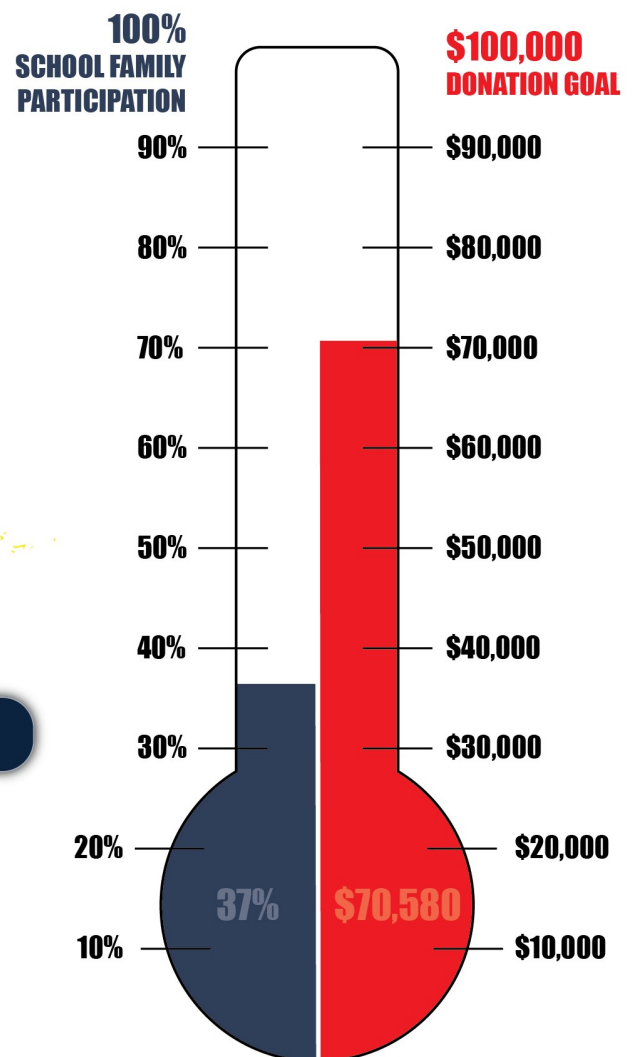
Imagine what we can accomplish with 100% school family participation!

If you have not already contributed, please prayerfully consider making a donation. We would like to challenge the remaining 63% of school families to each make a donation to help us achieve our financial and participation goals!

[CLICK HERE TO DONATE](#)



BLESSED SACRAMENT SCHOOL
ANNUAL GIVING CAMPAIGN
2021 - 2022



Parents' Club News

Parents' Club Mission Statement

The purpose of the BSS Parents' Club is to enhance the students' spiritual, emotional, and academic experience through parental support. This is achieved by parents assisting the faculty and staff with classroom activities and school wide events. In addition, Parents' Club will further enhance learning by offering financial support, with money obtained through fundraisers, for enrichment programs that benefit the students of our parish school.

Board Members 2021-2022

Maydie Conkin, President
maydiemack@hotmail.com

Katie Miller, Co- Treasurer
katieersp@gmail.com

Cassie Kathman, Vice-President
cassie13kathman@gmail.com

Rebecca Herringhaus, Co-Bookkeeper
rlherringhaus@gmail.com

Brittany Lawrence, Co-Treasurer
brittanymccune@sbcglobal.net

Brigid Brown, Co-Bookkeeper & Secretary
thebrowns1229@gmail.com

MEET OUR MEMBERS!

Maydie Conkin, President : This Maydie's 3rd year serving on Parent Club Board, having been Secretary the past 2 years, and has now moved onto the role of President. Maydie is the mother of Mack (4th) and Cate (2nd) and is an alum of BSS. Maydie and her husband, Will, live in Lakeside Park, and she is the Program Director of Therapy and primary PT at St. Charles Community. Duties of President include being a liaison between parents, faculty and administration, preparing the agenda for all meetings, and appointing Chairpersons to committees and creating new committees as necessary.

Cassie Kathman, Vice-President : This is Cassie's 2nd year on Parent Club, serving as Bookkeeper last year. Cassie is the mother to Carson (3rd) and Cooper (K). She and her husband, Troy, live in Lakeside Park. She works full time as Commercial Property Manager for Uptown Rental Properties, and a Realtor with ExP Realty. VP Duties include working closely with the President, making decisions in his/her absence, and work closely with the Room Parents/GLC's.

STAFF
APPRECIATION
WEEK 5/2-5/6
Mandy Zimmer, Chair

FATHER/SON
TBD Spring
Anne Arnsperger &
Lindsey White, Chairs

MOTHER /
DAUGHTER
TBD Spring
Shannon Kurtzner & Kim
Franxman, Chairs

Upcoming SPIRIT NIGHTS

Chipotle 3/15/2022

SPIRIT NIGHT Updates

City Bird \$100

Skyline \$120

Chipotle \$459.90

Chick-fil-A \$190

Cici's \$84

City Bird \$140

Skyline \$130

TOTAL: \$ 1223.90

**BUDDY CARDS ARE
AVAILABLE** for \$10
CLICK LINK BELOW
to order :

<https://blessed-sacrament-parent-club.square.site/shop/larosa-s-buddy-cards/4>



Info from Boosters

BSS Boosters is looking for new members!

The Blessed Sacrament Athletic Boosters will be hosting a membership drive event Wednesday, March 23rd at 7:00 at Peewee's Place on 2325 Anderson Road, Crescent Springs.

If you have considered joining the Boosters, or just want more information, please stop by for free food and drinks!

Questions can be directed to Jeff Epplen at epplenj@gmail.com



Yearbook Photos

ARE YOU THE PARENT WHO ALWAYS CAPTURES SPECIAL MOMENTS ON FILM?

We need pictures for the 2021-2022 BSS Yearbook!

Please start gathering your digital photos and feel free to email photos to Parents Club at yearbook@bssky.org.

We will provide information soon with a link for easily sharing photos.

Please ensure that photos are of school events only (classroom parties, after school clubs, BSS sports teams, etc.).



Art Contest

2022 YEARBOOK COVER DESIGN CONTEST

Open to all Blessed Sacrament students in grades 7 and 8.

Entries must be submitted to Mrs. Miller by **Thursday, 3/24**.

The winning entry will be selected by a panel of judges and will be announced by April 10. The winning entry will be printed as the cover for this year's Blessed Sacrament yearbook.

ENTRY REQUIREMENTS:

- SIZE:** 7.25" x 9.5". Templates can be found [HERE](#) or in the art room, or you can measure it yourself on your own paper.
- THEME:** Blue Ribbon
- DESIGN MUST INCLUDE:**
 - Blessed Sacrament School
 - 2021 – 2022
 - School logo (Students may use a light table to trace logo)
- COLOR:** Student choice
- MEDIA:** Student choice

From Mrs. Miller

**THE ART ROOM NEEDS FAMILY-SIZE CEREAL BOXES,
NEWSPAPER, AND PACKING PAPER!**

When donating cereal boxes, please remove the bag, open the bottom of the box so that it will lay flat, and send flattened boxes in to the art room.

Please send newspaper and packing paper to the art room in a bag or box.

Thank you!

Ski Club

JOIN US ON MARCH 10
AT 6:00PM IN THE LODGE
FOR THE BSS SKI CLUB
HOT CHOCOLATE
SOCIAL!



Spirit Night!



CHIPOTLE FUNDRAISER FOR **BSS PARENTS CLUB**

33% OF EVENT SALES GET DONATED TO THE CAUSE

TUESDAY, MARCH 15TH | 5-9PM
525 BUTTERMILK PIKE, CRESCENT SPRINGS, KY, 41017

ORDER ONLINE FOR PICKUP USING CODE **DV2FJEF**
OR SHOW THIS FLYER IN RESTAURANT

For online orders to count towards the fundraiser, they must be placed for pickup only from the restaurant location of, and during the hours of, the fundraiser. Delivery orders and gift cards do not qualify. \$150 minimum event sales required to receive any donation.

CLICK HERE
TO
PRINT FLYER

Help Wanted

Catholic schools in the Diocese of Covington are seeking to fill a number of **immediate** openings. These include classroom teachers, counselors, instructional aides, and substitute teachers.

Many positions need to be filled beginning in January through the end of the 2021-22 school year.

Visit the "Employment" page on the Diocesan website, www.covdio.org/schools/employment, under "Teacher Openings" and "School-Related Openings", to view the postings and for information on how to apply.

Questions may be directed to skoplyay@covdio.org.



Basketball

INTERESTED IN SOME FRIENDLY COMPETITION AND EXERCISE ON THE HARDCOURT?

All parishioners and BSS parents are invited to play basketball on Wednesday nights in the BSS basketball gym.

No commitments required - time of play is dependent on gym usage & weekly participation. A waiver is required for participation.

Contact Chris Pfeiffer for more details at 513-374-6494 or shoot him an email at cpfeiffer@comey.com.



Tuition Assistance

SEEKING LOWER TUITION PAYMENTS??

Parishioners of St. Thomas (POST) is a non-profit group based in St. Thomas Parish, Fort Thomas, that provides opportunities to school families to reduce tuition costs or for parish members to meet personal tithing goals by working Reds and Bengals games. Any family member of a Diocese of Covington parish or school is eligible to participate. Training is necessary.

Currently we are looking for anyone interested in working Reds games. Opening Day is March 31!! For more information, contact Oak Martin at poststthomas@gmail.com.

Have you ever wished that your family could be included in the tile mural near the BSS entrance? Now is your chance!



At Fine Arts Night, we will once again be painting tiles in the cafeteria, with the help of the *Color Me Mine* ceramics shop. Mark your calendar for Thursday, May 12, from 6:00 - 7:30 pm.

If interested in reserving a tile, [complete the form \(here\)](#) and send it to the office with your payment by Thursday, 3/31. No orders or payments will be accepted after this date.

A copy of the 6" x 6" design template is [here](#). Create your design ahead of time and bring it to the Fine Arts Night. A *Color Me Mine* associate will help you transfer the design to your tile and have supplies available for you to paint your tile.

[CLICK HERE FOR ORDER FORM AND TEMPLATE](#)

**A FEW SPOTS
STILL AVAILABLE!**



BSS Tennis

Grades 1-3, 4-8 – Spring Session

- Clinic runs from March 15 - May 10 (8 sessions) at Five Seasons. Off 4/19 – spring break.
- Grades 1-3: Tuesdays 4-5PM
- Grades 4-8: Tuesdays 5-6PM
- 60 min of instruction by 5 Seasons pros
- All levels welcome – geared more to beginner and intermediate players
- Cost - \$85
- Super bargain for 8 weeks of tennis!!!!
- No makeups or refunds for weeks missed.

Please signup ASAP!

We usually fill completely, so don't wait! Signups close Monday, 3/7.

GRIFFIN ELITE

2022 Summer Camp Schedule

ALL CAMPS INCLUDE T-SHIRTS

June
8th-10th

YOUTH SOCCER CAMP: S1
9am-Noon | \$85/Camper | \$70/Camper for 2+ Siblings

June
15th-17th

YOUTH BASKETBALL CAMP: S1
9am-Noon | \$85/Camper | \$70/Camper for 2+ Siblings

June
22nd-24th

SURVIVOR CAMP: S1
9am-Noon | \$85/Camper | \$70/Camper for 2+ Siblings

July
6th-8th

YOUTH SOCCER CAMP: S2
9am-Noon | \$85/Camper | \$70/Camper for 2+ Siblings

July
13th-15th

YOUTH BASKETBALL CAMP: S2
9am-Noon | \$85/Camper | \$70/Camper for 2+ Siblings

July
20th-22nd

SURVIVOR CAMP: S2
9am-Noon | \$85/Camper | \$70/Camper for 2+ Siblings

New Option:

MULTI-PACK FOR INDIVIDUAL CAMPER WHO WANT TO ATTEND MORE THAN ONE OF OUR CAMPS

Single Camper (2) Camp Pack: \$158

Single Camper (3) Camp Pack: \$225

CAN BE APPLIED TO ANY OF THE SUMMER CAMPS OF YOUR CHOOSING!

How To Register:

DOWNLOAD OUR GRIFFIN ELITE APP

VISIT WWW.GRIFFINELITE.COM/EVENTS

CALL (859) 331-0979

From Our Parish

Lent

Parish Penance Service

Monday, March 14 - 7 p.m.
in church

Way of the Cross followed by Reconciliation

Fridays - 7 p.m. in church

Sacrament of Reconciliation

Saturdays - 2:30-3:30 p.m., Thursdays before First Friday - 10:30a.m. and 3rd Tuesdays - 6:30-7:30 p.m.

Exposition of the Blessed Sacrament

Wednesdays - 10:30 a.m.- 4 p.m. with rosary and benediction beginning at 3:30



Blessed Sacrament Church

BECOMING STEWARDS IN COMMUNITY

A FEW REMINDERS...

- ❑ Please remember to keep extra masks in backpacks
- ❑ Please consider keeping a small hand sanitizer in backpacks and lunch boxes
- ❑ Our current arrival and dismissal procedures can be found [HERE](#) in the handbook (see page 28)
- ❑ Please make sure that snacks and are peanut-free. A list of safe options can be found [HERE](#), but please check labels as there may be other items that are not included on this list.
- ❑ Your children are **AWESOME** and we are **SO HAPPY** that they are here!

THANK YOU FOR ALL THAT YOU DO EVERY DAY!

WE APPRECIATE YOU!

If you have a great idea to share, feedback on an event, questions on upcoming events, or want more information on how to get involved please contact the BSS Parents Club at parentsclub@bssky.org.

If you would like to submit an article or flyer to our weekly newsletter, please send information to Annie Ernst at annernst@bssky.org.
All information MUST be submitted by 12:00 pm on Monday to be printed in that week's newsletter.
(Submissions made after the deadline will run in the following week's newsletter.)

Check us out on Social Media



<https://www.facebook.com/BSSKY>



https://www.instagram.com/bss_ky/



https://twitter.com/BSS_KY



Blessed Sacrament School • 2407 Dixie Highway, Fort Mitchell, Kentucky 41017

school.bssky.org • Diocese of Covington

A National Blue Ribbon School of Excellence • 1994, 2007, 2015



The mission of Blessed Sacrament school is to spiritually, academically, and personally develop active Catholics using the Gospel teachings of Jesus Christ.