BSS NEWSLETTER

Wednesday, March 16, 2022

CLICK HERE FOR ARTSONIA CALENDAR CAFETERIA BOOSTERS SYCAMORE SERVICE WHAT'S FOR LUNCH? WHAT'S HAPPENING THIS WEEK? Confetti Pancakes, Sausage Link, Smile Fries, Veggie Boat, Baked Apples, **Chursday:** SPIRITWEAR DAY - WEAR GREEN Fresh Fruit, Milk 12:15-1:45 - Confession (grade 6) Grilled Cheese, Tomato Soup, 2:15-3:15 - Student Council Meeting Oyster Crackers, Garden Salad, Applesauce, Fresh Fruit, Milk Friday: NO SCHOOL - PROFESSIONAL DEV. **NO BUS SERVICE** M 8:15 - Mass (grades k-4) 18 Shredded Beef, Tacos, Salsa, Sour Cream, Corn, Refried Beans, Diced Pears, Fresh Fruit Milk **Monday: NO SCHOOL - PROFESSIONAL DEVELOPMENT** Rotini with Meat Sauce, Garlic Bread Stick, Garden Salad, Steamed Broccoli, Pineapple Tidbits Fresh Fruit Milk Chicken Nuggets, Mac & Cheese, **Tuesday:** Green Beans, Veggie Boat, **OUT OF UNIFORM WITH \$2 DONATION** Mandarin Oranges, Fresh Fruit, Milk (donations will help to purchase a field day inflatable!) 22 2:30-3:30 - Children's Choir rehearsal (grade 4) French Toast, Scrambled Eggs, Salsa, Veggie Boat, Baked Apples, Fresh Fruit, Milk Wednesday: 2:30-3:15 - Homework Buddies 2:30-3:30 - Lego Robotics WEEKEND MASSES 23 **12:15-1:45** - Confession (grade 5) 7:00 - BSS Boosters Membership Drive Event Thursday: 🔊 spiritwear day: WE WOULD LOVE **DEADLINE FOR YEARBOOK COVER CONTEST! TO SEE YOUR FAMILY** 24 **9:00-10:00** - Ft. Mitchell PD presentation (grade 8) **AT MASS THIS WEEKEND!** 6:00-7:30 - First Communion Retreat Friday: Saturday: 8:15 - All-School Mass (Christian Student Awards)

9:00 - Donuts with My Dudes (grade 3)

25

1:00 - Stations of the Cross (grades k-8)

Sunday: 9:00am, 11:00am

4:00pm

Happy Wednesday, Everyone!

Here at school, we continue to prepare for upcoming religious holidays, Sacraments, and events during this Lenten season. Our 8th grade students participated in their Confirmation retreat over the weekend, all of our students in grades 2 – 8 are attending Confession in order to prepare for Easter, our 1st and 7th grade students are preparing for their special renditions of the Stations of the Cross, students will attend all-school Stations of the Cross this week and next, and our 2nd graders continue to prepare for their First Holy Communion! It is an exciting time of year for our students as they continue their formation in their Catholic Faith. Please continue to pray for our school and students this Lenten season.

Please read on for updates!

Evening to Treasure Results

The Evening to Treasure committee would like to share the final numbers with the school community. This year, Evening to Treasure raised ~\$161,000.00! ~\$52,000 of that was raised specifically for the science lab renovation! We are excited to see that space transform into a beautiful, modern science lab that will benefit students for years to come!

Tech Tuesday

Hopefully, you have all had the chance to read the Tech Tuesday articles that are being sent home each Tuesday during March. The goal of this Diocesan-wide campaign is to promote best practices on technology for families, students, and school staff, and to raise awareness of the dangers that our students often encounter on technology. Please refer to our e-mails or past newsletters to find these articles.

Registration and School Fees

As a reminder, registration is not officially complete until school fees have been paid for the 2022-2023 school year. If you haven't done so yet, you can both register and pay fees at the following link: <u>Enrollment</u>

A Message From 8th Grade

Hello! The 8th grade girls' Explore group is creating an 8th grade video. We are creating a video to capture our daily lives and some memories from our years at BSS. The video will include interviews from students & teachers, messages from staff, and videos from our everyday school lives and special events. We hope this becomes a memorable keepsake for parents, teachers, and students. The video will be distributed at the end of the year to all parents and students to enjoy. Our hope is that you may have old videos (preferably) or old photos from the 8th graders' time at Blessed Sacrament. They can be from any year: kindergarten - 8th grade. They could be from any plays, field trips, sports games, etc. We would love to include them in our video! **If you have videos or pictures to share, please email them to our teacher**, <u>cbaker@bssky.org</u>, or contact her for more details. Thank you so much!

Warm Weather & Shorts

With the Spring weather (finally) seemingly here, and highs in the 60s/70s, we are going to begin <u>to allow shorts next week</u> (starting Tuesday, March 22). We want to recognize 6th grade student council representative Liam Crossen for advocating for this change by discussing it with his peers and presenting a well-written letter to the administration. It's fantastic to see our student leaders take the initiative to advocate for themselves and their peers. Thank you, Liam!

COVID Reporting

We currently have zero positive cases in our school community. For the time being, we are going to suspend these updates in the newsletter. If we see case activity again, we will communicate it. Thank you.

Additional Reminders

3/17 – Wear Green w/ Uniforms for St. Patrick's Day

- 3/18 No Bus Service
- $_{\rm 3/18}$ All-School Stations of the Cross at 1:00 PM
- 3/21 NO SCHOOL Professional Development
- 3/24 First Communion Retreat
- 3/25 All School Mass with Christian Student Awards
- 3/25 Donuts with my Dudes (immediately following Mass)
- 3/25 All-School Stations of the Cross at 1:00 PM

Have a great rest of the week!

Mr. Steffen & Mrs. Geiman

Tech Tuesday: Protecting Your Child

How Do We Keep Our Children Safe?

BY KENDRA MCGUIRE

Over the last two weeks we have learned about the dangers of being too connected and the disturbing content on our children's devices. That leads to the question, what do we do about it? This week, we share tips on how to begin protecting your children on their devices.

Be Proactive Parents

By Grant Brannen, Assistant Principal, St. Henry District High School

One of the most important responsibilities of a parent is to be proactive and use prevention measures to keep your child safe. As a parent of a 10 and 12-year-old, I am always searching for sufficient prevention measures. We, as parents, have to make the decision on when our kids should have cell phones, smart watches, or tablets. This is something we never had to deal with as kids. We are now living in their world, and as much as we want to change things, billion dollar tech companies are not leaving any time soon. Moving forward, it will be critical to learn and understand that prevention is a key element to keeping our kids safe online.



Safety & Family Time

By Theresa Guard, Principal, Immaculate Heart of Mary

Use of technology at a young age not only impacts the way a child's brain develops, but perhaps even more importantly, affects their relationships with family and friends. How often do we see families out to dinner sitting at a table together and each person is on their own personal device? Children often imitate the way their parents use technology. Adults and children seem to have a Fear of Missing Out (FOMO) when it comes to social media, but maybe we need to have FOMO when it comes to family moments.

A better option while you are waiting for your dinner, if you can't put the devices away, would be to play shoulder-to-shoulder with your child on his or her device. You can learn what your child is doing and who his or her friends are. As you play on the device, have conversations about inappropriate material and internet safety. You may even learn you need more parental controls.

Togetherness is a sure thermometer for measuring the health of relationships . . . a family that almost never eats together, or that, rather than talking at the table watches television or looks at the smartphone is not much of a family. We need to recover family togetherness while adapting it to the times. -Pope Francis

How to Protect Your Kids Online

Ideas shared from Protect Young Eyes: www.protectyoungeyes.com

Location

The "toxic trio" for a child who has his/her own device is boredom, their bedroom, and darkness. Parents should restrict not only the time a child uses their device, but also the places where a child is allowed to use their device.

Tips:

- Establish house rules on where your child can use their device. Make sure these places are "public" areas of the home such as the living room, dining room, or kitchen.
- Charge devices overnight in the parent's bedroom or kitchen. Require a time they must be turned in each night.

Devices

As parents, you should "co-own" every device that your child uses. This includes knowing his/her passwords. Frequently get onto the device shoulder-to-shoulder with your child so they know you are interested in their activities. This is not an invasion of privacy but a parental responsibility to help your child learn to use technology appropriately. This is also a great time to ask questions about your child's online activities and let them know they can talk to you about concerns too.

Tips:

- If you suspect your child has inappropriate material on their phone and plan to search it, be mindful that children can access the iCloud on any device and erase material before you see it.
- Consider getting a device with built-in safety features like the Gabb Phone for elementary and middle school age students.

Tech Questions for Parents

- What are the technology rules for your home?
- What are the consequences for violating the rules?
- Are all the devices your child uses protected from online dangers, including video games?
- Have you established an open line of communication with your child so they can report dangerous content they may encounter?
- Do you check in with your child regularly to see what they're up to on their device?

Wi-Fi Networks

If you connect devices to your home's Wi-Fi, then you have a router that likely has parental control features that can be set to protect your child at home. Since this is only in your home, you also need to be aware of your child using his/her device on public Wi-Fi, at a friends house or even at Grandma's.

Tips:

- Learn how to use parental controls on your home router. Consider buying a router with built-in safety such as the Gryphon router.
- Learn about virtual private networks (VPN). Your child can use a VPN to get around firewalls.

Apps

There are many resources for parents to protect children from dangerous content. Explore the resources below and choose the programs that work best for your devices.

Resources:

- Protect Young Eyes Protect App Mini-lessons for busy families to stay up-to-date and safe with changing technology. It includes videos you can watch with your kids and emergency solutions.
- BARK Monitors text messages, YouTube, emails and 30+ social networks/apps for safety issues. Including cyberbullying, violence, inappropriate content, depression, and more.
- Google Family Link An app that lets you set digital ground rules to help guide your children online.

A Look Ahead & Further Learning

Next Tuesday, we will challenge families and our schools to go Tech Free. Stay tuned for big and small ideas!

Can't wait until next week? Take a look at these resources:

- www.faithandsafety.org
- Watch: The Social Dilemma



"Close contact" is defined as an individual within 3 feet of someone who has COVID for a total of 15 minutes (cumulative) over the previous 24 hours.

The CDC now considers those who are **"fully vaccinated**" as having the booster vaccine, completed the 2 dose series of Pfizer or Moderna within the last 6 months, OR completed the J&J vaccine within the last 2 months.

Pending COVID Tests

□ Family member or student has a pending Covid test.

Individual being tested and all unvaccinated household members must remain home.

Thumbs Up!





Congratulations to Lila and Ruth who will be competing at the Galt House for State Governor's Cup in Louisville on Saturday, March 19th!!

Both girls will be competing in composition against the best writers in the state. Way to go girls!



Be the WHY

You are part of the **WHY** that allows each of us at Blessed Sacrament School to strive for excellence every day. Your support motivates us to continue to aspire towards greatness.

We would like to thank everyone who has already donated to this year's Annual Giving Campaign. The generosity and support of many parish families, in addition to 37% of our school families, is greatly appreciated.

Imagine what we can accomplish with 100% school family partipation!

If you have not already contributed, please prayerfully consider making a donation. We would like to challenge the remaining 63% of school families to each make a donation to help us achieve our financial and participation goals!

CLICK HERE TO DONATE



BLESSED SACRAMENT SCHOOL ANNUAL GIVING CAMPAIGN 2021 - 2022



Help us reach our Annual Giving Campaign goal and earn a pizza party for your child's grade!

Donations received **through the end of the day, Friday March 25** (including those already received) will count towards the grade level family participation total for our March Madness contest!

The grade level with the HIGHEST participation percentage will receive a pizza party and can wear their favorite college t-shirt to school (date TBD)!

CLICK HERE



TO DONATE

At this time, 37% of school families have generously donated to this year's Annual Giving Campaign. If you have not already done so, we challenge you to consider making a contribution of at least \$25. Every donation is greatly appreciated and helps us continue to provide a top-tier education at Blessed Sacrament School!



PARENTSCLUB@BSSKY.ORG

Parents' Club News

Parents' Club Mission Statement

The purpose of the BSS Parents' Club is to enhance the students' spiritual, emotional, and academic experience through parental support. This is achieved by parents assisting the faculty and staff with classroom activities and school wide events. In addition, Parents' Club will further enhance learning by offering financial support, with money obtained through fundraisers, for enrichment programs that benefit the students of our parish school.

Board Members 2021-2022

Maydie Conkin, President maydiemack@hotmail.com

Cassie Kathman, Vice-President cassie 13kathman@gmail.com

Brittany Lawrence, Co-Treasurer brittanymccune@sbcglobal.net Katie Miller, Co- Treasurer katierasp@gmail.com

Rebecca Heringhaus, Co-Bookkeeper rlheringhaus@gmail.com

Brigid Brown, Co-Bookkeeper & Secretary thebrowns1229@gmail.com

MEET OUR MEMBERS!

Rebecca Heringhaus, Co-Bookkeeper : This is Rebecca's first year serving on PC Board. She is the mother of Charlotte (3rd), Caroline (K), and Thomas (3 yrs) who will be a future Eagle, and she and her husband, Ryan, live in Crescent Springs. Rebecca works as a Senior Associate Actuary with Mass Mutual. Bookkeeper Duties include collecting and recording money for various events throughout the year, as well as assisting and training under the Treasurer for next term.

Brigid Brown, Co-Bookkeeper & Secretary: This is Brigid's first year serving on the PC Board, serving as Co-Bookkeeper, as well as filling the role of Secretary. Brigid is the mother of Maddy (5th), Haley (2nd), and Louie (1st) Brown. She and her husband, Kyle, live in Lakeside Park. Aside from her role at BSS, Brigid is a Senior Tax Associate with Barnes Dennig. Secretary Duties include being responsible for tallying the Parent Volunteer Sheets, as well as setting up and Marketing Spirit Nights throughout the year.

STAFF APPRECIATION WEEK 5/2-5/6 Mandy Zimmer, Chair

FATHER/SON Friday, April 8th 6-9 PM

BSS Parish Center & gym

Anne Arnsperger & Lindsey White, Chairs MOTHER / DAUGHTER Friday, May 13th 6-9 PM BSS Undercroft

Shannon Kurtzner & Kim Franxman, Chairs

Upcoming SPIRIT NIGHTS

Chick-fil-A April

SPIRIT NIGHT Updates

City Bird \$100

Skyline \$120

Chipotle \$459.90

Chick-fil-A \$190

Cici's \$84

City Bird \$140

Skyline \$130

TOTAL: \$ 1223.90

BUDDY CARDS ARE AVAILABLE for \$10 CLICK LINK BELOW to order :

https://blessedsacrament-parentclub.square.site/ shop/larosa-s-buddycards/4

SAVE THE DATE! End of the Year Parent Club/ Development "Wrap up" Meeting BSS Undercroft Wednesday May 4th

6:00 PM



FREE SCHOOL UNIFORMS!

Our next uniform exchange will be on Thursday, March 31^{st} from 12:00 PM - 2:00 PM AND from 6:30 PM - 7:30 PM in the Parish Center.

Please feel free to donate old school uniforms (in nice condition) to the school office at any point. At this time, **we do not need white or blue uniform shirts or navy pants**.

As always, you can use the BSS Uniform & Spirit Wear Exchange page on Facebook to donate or sell uniforms, sports items, first communion suits, etc.



CHANGE FOR CHANGE - March 28 - April 1 Student Council's largest fundraiser, is back!

The funds collected during Change for Change allow Student Council to make a difference at school and in our community:

- Donations toward scholarship funds
- Donations to local charities
- □ Needed supplies and materials at school (like new playground equipment!)
- Prizes for student contests

Homerooms with the highest totals in each grade level (K-4, 5-8) will receive a pizza party! Thank you in advance for helping Student Council make CHANGE!



Art Contest

2022 YEARBOOK COVER DESIGN CONTEST

Open to all Blessed Sacrament students in grades 7 and 8.

Entries must be submitted to Mrs. Miller by **Thursday**, **3**/**24**.

The winning entry will be selected by a panel of judges and will be announced by April 10. The winning entry will be printed as the cover for this year's Blessed Sacrament yearbook.

ENTRY REQUIREMENTS:

- □ **SIZE:** 7.25" x 9.5". Templates can be found <u>HERE</u> or in the art room, or you can measure it yourself on your own paper.
- **THEME:** Blue Ribbon

DESIGN MUST INCLUDE:

- Blessed Sacrament School
- 2021 2022
- School logo (Students may use a light table to trace logo)
- **COLOR:** Student choice
- MEDIA: Student choice



THE ART ROOM NEEDS FAMILY-SIZE CEREAL BOXES, NEWSPAPER, AND PACKING PAPER!

When donating cereal boxes, please remove the bag, open the bottom of the box so that it will lay flat, and send <u>flattened boxes</u> in to the art room.Please send newspaper and packing paper to the art room in a bag or box.

Thank you!



Catholic schools in the Diocese of Covington are seeking to fill a number of <u>immediate</u> openings. These include classroom teachers, counselors, instructional aides, and substitute teachers.

Many positions need to be filled beginning in January through the end of the 2021-22 school year.

Visit the "Employment" page on the Diocesan website, <u>www.covdio.org/schools/</u> <u>employment</u>, under "Teacher Openings" and "School-Related Openings", to view the postings and for information on how to apply. Questions may be directed to <u>skoplyay@covdio.org</u>.



BSS Boosters is looking for new members!

The Blessed Sacrament Athletic Boosters will be hosting a membership drive event Wednesday, March 23rd at 7:00 at Peewee's Place on 2325 Anderson Road, Crescent Springs.

If you have considered joining the Boosters, or just want more information, please stop by for free food and drinks!

Questions can be directed to Jeff Epplen at epplenj@gmail.com



ARE YOU THE PARENT WHO ALWAYS CAPTURES SPECIAL MOMENTS ON FILM?

We need pictures for the 2021-2022 BSS Yearbook!

Please start gathering your digital photos and feel free to email photos to Parents Club at <u>yearbook@bssky.org</u>.
We will provide information soon with a link for easily sharing photos. Please ensure that photos are of school events only (classroom parties, after school clubs, BSS sports teams, etc.).

Baskeiball

INTERESTED IN SOME FRIENDLY COMPETITION AND EXERCISE ON THE HARDCOURT?

All parishioners and BSS parents are invited to play basketball on Wednesday nights in the BSS basketball gym.

No commitments required - time of play is dependent on gym usage & weekly participation. A waiver is required for participation.

Contact Chris Pfeiffer for more details at 513-374-6494 or shoot him an email at <u>cpfeiffer@comey.com</u>.



SEEKING LOWER TUITION PAYMENTS??

Parishioners of St. Thomas (POST) is a non-profit group based in St. Thomas Parish, Fort Thomas, that provides opportunities to school families to reduce tuition costs or for parish members to meet personal tithing goals by working Reds and Bengals games. Any family member of a Diocese of Covington parish or school is eligible to participate. Training is necessary.

Currently we are looking for anyone interested in working Reds games. Opening Day is March 31!! For more information, contact Oak Martin at <u>poststthomas@gmail.com</u>.

Have you ever wished that your family could be included in the tile mural near the BSS entrance? Now is your chance!



At Fine Arts Night, we will once again be painting tiles in the cafeteria, with the help of the Color Me Mine ceramics shop. Mark your calendar for Thursday, May 12, from 6:00 - 7:30 pm.

If interested in reserving a tile, <u>complete the form (here)</u> and send it to the office <u>with your</u> payment by Thursday, 3/31. No orders or payments will be accepted after this date.

A copy of the 6" x 6" design template is **here**. Create your design ahead of time and bring it to the Frine Arts Night. A Color Me Mine associate will help you transfer the design to your tile and have supplies available for you to paint your tile.

CLICK HERE FOR ORDER FORM AND TEMPLATE

2022 Summer Camp Schedule *ALL CAMPS INCLUDE T-SHIRTS* YOUTH SOCCER CAMP: SI lune 9am-Noon | \$85|Camper | \$70|Camper for 2+ Siblings 8th-10th YOUTH BASKETBALL CAMP: SI June 9am-Noon | \$85/Camper | \$70/Camper for 2+ Siblings 15th-17th SURVIVOR CAMP: SI June 9am-Noon | \$85/Camper | \$70/Camper for 2+ Siblings 22nd-24th YOUTH SOCCER CAMP: S2 July 9am-Noon | \$85/Camper | \$70/Camper for 2+ Siblings 6th-8th YOUTH BASKETBALL CAMP: S2 July 9am-Noon | \$85/Camper | \$70/Camper for 2+ Siblings 13th-15th SURVIVOR CAMP: S2 July 20th-22nd 9am-Noon | \$85/Camper | \$70/Camper for 2+ Siblings How To Register: New Option: DOWNLOAD OUR GRIFFIN ELITE APP MULTI-PACK FOR INDIVIDUAL CAMPERS WHO WANT TO ATTEND MORE THAN ONE OF OUR CAMPS VISIT WWW.GRIFFINELITE.COM/EVENTS Single Camper (2) Camp Pack: \$158 Single Camper (3) Camp Pack: \$225 CAN BE APPLIED TO ANY OF THE SUMMER CAMPS CALL [859] 331-0979 OF YOUR CHOOSING!

From Our Parish

Lent

Way of the Cross followed by Reconciliation Fridays - 7 p.m. in church

Sacrament of Reconciliation

Saturdays -2:30-3:30 p.m.

Thursdays before First Friday - 10:30a.m.

3rd Tuesdays - 6:30-7:30 p.m.

Exposition of the Blessed Sacrament

Wednesdays - 10:30 a.m.- 4 p.m. with rosary and benediction beginning at 3:30



BECOMING STEWARDS IN COMMUNITY



A FEW REMINDERS...

- Delease remember to keep extra masks in backpacks
- D Please consider keeping a small hand sanitizer in backpacks and lunch boxes
- Our current arrival and dismissal procedures can be found <u>HERE</u> in the handbook (see page 28)
- Please make sure that snacks and are peanut-free. A list of safe options can be found <u>HERE</u>, but please check labels as there may be other items that are not included on this list.
- □ Your children are **AWESOME** and we are **SO HAPPY** that they are here!

THANK YOU FOR ALL THAT YOU DO EVERY DAY! WE APPRECIATE YOU!

If you have a great idea to share, feedback on an event, questions on upcoming events, or want more information on how to get involved please contact the BSS Parents Club at <u>parentsclub@bssky.org</u>.

If you would like to submit an article or flyer to our weekly newsletter, please send information to Annie Ernst at annernst@bssky.org. **All information MUST be submitted by 12:00 pm on Monday to be printed in that week's newsletter.** (Submissions made after the deadline will run in the following week's newsletter.)

Check us out on Social Media



https://www.facebook.com/BSSKY



https://www.instagram.com/bss_ky/





Blessed Sacrament School • 2407 Dixie Highway, Fort Mitchell, Kentucky 41017

school.bssky.org • Diocese of Covington

A National Blue Ribbon School of Excellence • 1994, 2007, 2015



The mission of Blessed Sacrament school is to spiritually, academically, and personally develop active Catholics using the Gospel teachings of Jesus Christ.