


BSS NEWSLETTER

Wednesday, March 23, 2022




WHAT'S HAPPENING THIS WEEK?



Thursday:  **SPIRITWEAR DAY!**
24 **DEADLINE FOR YEARBOOK COVER CONTEST!**
9:00-10:00 - Ft. Mitchell PD presentation (*grade 8*)
6:00-7:30 - First Communion Retreat (*in Church*)


Friday: **DEADLINE FOR MARCH MADNESS CONTEST!**
25 **TECH-FREE FRIDAY!**
8:15 - All-School Mass (*Christian Student Awards*)
3rd Grade Donuts with My Dudes (after Mass)
1:15 - Stations of the Cross (*grades K-8*)

Monday: **CHANGE FOR CHANGE!** 
28

Tuesday: **CHANGE FOR CHANGE!** 
29 **2:30-3:30** - Children's Choir rehearsal (*grade 4*)

Wednesday: **CHANGE FOR CHANGE!** 
30 **2:30-3:15** - Homework Buddies
2:30-3:30 - Lego Robotics

Thursday:  **SPIRITWEAR DAY!**
31 **CHANGE FOR CHANGE!** 
12:00-2:00, 6:30-7:30 - **UNIFORM EXCHANGE**
(*Parish Center*)

Friday: **CHANGE FOR CHANGE!** 
1 **8:15** - Mass (*grades K-4*)
1:00 - **First Grade Stations of the Cross**
5:00 - **First Grade Stations of the Cross (Parish)**

WHAT'S FOR LUNCH?

Th Chicken Nuggets, Mac & Cheese,
Green Beans, Veggie Boat,
Mandarin Oranges, Fresh Fruit, Milk

F French Toast, Scrambled Eggs,
Salsa, Veggie Boat, Baked Apples,
Fresh Fruit, Milk

M Sloppy Joe on Bun, Waffle Fries,
Green Beans, Diced Peaches,
Frozen Sidekick, Fresh Fruit, Milk

T Cheese Coney or Hot Dog, Roasted Potatoes,
Onions, Shredded Cheese, Carrots and Celery
with Dip, Diced Pears, Fresh Fruit, Milk

W Roast Beef with Gravy, Mashed Potatoes,
Dinner Roll, Corn, Pineapple Tidbits,
Fresh Fruit, Milk

Th Chicken Patty on Bun, Potato Wedges,
Baked Beans, Mandarin Oranges,
Fresh Fruit, Milk

F Pizza Crunchers, Marinara Sauce, Green
Beans, Garden Salad, Pineapple Tidbits, Fresh
Fruit, Milk

WEEKEND MASSES

**WE WOULD LOVE
TO SEE YOUR FAMILY
AT MASS THIS WEEKEND!**

Saturday:
4:00pm

Sunday:
9:00am, 11:00am

A Note From Your Administration

Good afternoon!

We hope you are having a great week! Please continue to pray for our students, staff, and community! Read on for updates.

Tech-Free Friday

As a part of our Tech Tuesday campaign as a Diocese, we are going tech free this Friday! On Friday, 3/25, students will be tech free during the school day. Teachers will also minimize their use of technology as much as possible. We want students to hone their interpersonal skills while promoting healthy technology use and moderation. We are encouraging families to roll this challenge forward into the weekend! Plan offline family activities ahead time like board games, zero-tech family meals, watching a family movie without cell phones or tablets, taking walks, etc.! If you choose to participate in this challenge, please send us pictures of your tech-free activities. Thank you!

Congratulations!

We want to congratulate Jane Schuh, Ella Petzelt, and Lila Harris for being finalists in the Diocesan Pro Life essay contest. Their essays put them in the top 20 of over 300 essay submissions. Additionally, Lila won 1st place overall which came with a high school scholarship! We are so proud of these girls for their hard work!

Get Involved!

The Development Committee is looking for new members! If you are interested in joining, please email our co-chairs at development@bssky.org.

Registration and School Fees

As a reminder, registration is not officially complete until school fees have been paid for the 2022-2023 school year. If you haven't done so yet, you can both register and pay fees at the following link: [Enrollment](#)

Uniform Shorts

Uniform shorts are now allowed! We're so thankful for the warm weather!

Other Reminders

- ☐ **3/24** First Communion Parent Night for 2nd Grade Parents – 6:00-7:30 pm in Church
- ☐ **3/25** All-School Mass. Following All-School Mass, we will present our second trimester Christian Student Awards to the recipients
- ☐ **3/25** Following All-School Mass is 'Donuts with My Dudes' for 3rd grade students and "their dudes"
- ☐ **3/25** Later in the day is All-School Stations of the Cross for our students
- ☐ **3/28-4/1** Change for Change fundraiser. Send in any loose change with your student!
- ☐ **4/1** 1st Grade Stations of the Cross – 5:00 pm in Church

Thanks, and have a great rest of the week!

Mr. Steffen & Mrs. Geiman





Tech Free Challenge

A Break from Technology

BY KENDRA MCGUIRE

Today is Tech Tuesday and this week we present a challenge to parents, students, and our teachers. The challenge is to go "Tech Free." This may sound like a simple challenge, but first we have to determine what this means in our daily lives.

For students, this may be putting away the smart phone, tablet or turning off the video games. For us, as parents, it may be putting away the smart phone, taking off the smart watch, closing the door to our home office or closing the laptop.

For teachers, this could mean leaving the Chromebooks on the cart and planning lessons and activities using only books, writing with pen and paper, and engaging in discussions with one another.

Try to put in the hearts of your children a love for home. Make them long to be with their families. So much sin could be avoided if only people really loved as a family.

-St. Teresa of Calcutta

No matter what this looks like in your daily life, we encourage you and your family to take a break from technology this week. Whether you choose a short technology break or a long one, enjoy the time and pay close attention to the benefits this break provides your family.

Need ideas on how to do this? Read on for tips and advice.

[READ MORE](#)



Plan Ahead

In order to be successful with any challenge or sacrifice it is important to plan ahead. Talk with your family about ways to take a break from technology. Discuss which devices need to be turned off and where to store them to avoid distraction. Think of activities to do in place of the technology and allow your children to share ideas too. Try to plan activities for the family and for individuals.



It May Not Be Easy

Just like our Lenten sacrifices, giving up something we have become reliant on can be very difficult at first. Children (or adults) may be irritable and frustrated without their devices so it's important to stay positive and encourage one another to be successful. Once everyone is involved in a new activity most will forget about the smart phone sitting in the other room.



Ideas for Short Tech Breaks

- Take a break from devices and television during meals and sit at the table as a family.
- When traveling in the car, have everyone keep their devices packed away. Talk or listen to music instead.
- On weekday evenings, put all devices in a designated space after 6:00 p.m. or another time that works for your family. Read books, play games, or go outside for alternative activities.
- On the weekend, do not check devices until after noon to give you a morning of relaxation with your family. You could also take this break in the afternoon or evening - whichever works best for you.



Ideas for Long Tech Breaks

- Plan a technology free weekend. Instead of using devices, plan some outdoor activities or time with family or friends. Make sure your children have ideas about what to do without their device - especially during down-times when they may feel "bored." You may also need to teach your children how to do this and make it fun!
- Go tech free during the school/work week. When everyone gets home from work and school, keep the devices off and spend time preparing dinner or a snack together. You can replace the technology by going for a walk, reading, playing basketball in the driveway, or making a card for a relative.

Next Week: How to Moderate Our Use of Technology Everyday

**Blessed Sacrament
School Calendar
2022 - 2023**

Tentative

Tentative

		<i>MONDAY</i>		<i>TUESDAY</i>		<i>WEDNESDAY</i>		<i>THURSDAY</i>		<i>FRIDAY</i>
<i>August</i>	1		2		3		4		5	
	8		9		10		11		12	
	15		16	First Day - No Bus	17	Begin Bus Service	18		19	
	22		23		24		25		26	
	29		30		31					
<i>September</i>							1		2	
	5	Labor Day - No School	6		7		8		9	
	12		13		14		15		16	
	19		20		21		22		23	
	26		27		28		29		30	
<i>October</i>	3		4		5		6		7	No Bus
	10	No Bus	11		12		13		14	
	17		18		19		20		21	
	24	P/T Conferences	25	P/T Conferences	26	P/T Conferences	27	P/T Conferences	28	No School - Conf.
	31	No School - PD								
<i>November</i>			1	No School - All Saints	2		3		4	
	7		8	No Bus	9		10		11	End T1
	14		15		16		17		18	
	21		22		23	No School - PD	24	No School	25	No School
	28		29		30					
<i>December</i>							1		2	
	5		6		7		8	No School - Immac.	9	
	12		13		14		15		16	
	19		20		21	No Bus	22	No School	23	No School
	26	No School	27	No School	28	No School	29	No School	30	No School
<i>January</i>	2	No School	3	No School	4		5		6	
	9		10		11		12		13	
	16	No School - MLK	17		18		19		20	
	23		24		25		26		27	
	30	CSW	31	CSW						
<i>February</i>					1	CSW	2	CSW	3	CSW/Early Dismiss
	6		7		8		9		10	
	13		14		15		16		17	
	20	No School - Pres.	21		22	Ash Wednesday	23		24	End T2
	27		28							
<i>March</i>					1		2		3	
	6		7		8		9		10	No School - PD
	13		14		15		16		17	
	20		21		22		23		24	
	27		28		29		30		31	
<i>April</i>	3	No Bus	4	No Bus	5	No Bus	6	No School Holy Thurs.	7	No School Good Fri.
	10	No School	11	No School	12	No School	13	No School	14	No School
	17		18		19		20		21	
	24		25		26		27		28	
<i>May</i>	1		2		3		4		5	
	8		9		10		11		12	
	15		16	No Bus	17		18		19	
	22		23		24		25	Last Day - Early Dismiss	26	
	29	Memorial Day	30		31					
<i>June</i>							1		2	
	5		6		7		8		9	
	12		13		14		15		16	
	19		20		21		22		23	
	26		27		28		29		30	

Thumbs Up!



Thumbs Up for BSS sisters Emma and Addy who placed 1st and 2nd in the Heart Mini 2K!

Congratulations to Harry who recently earned a state wrestling title in this weight class!



Thumbs Up!

We are so proud of Megan, Paisha, and Ella for winning 1st, 2nd, and 3rd place in the Sons of the American Revolution Founding Documents Brochure Contest!

Megan also won 2nd place in the state of KY!



Congratulations to Jane, Lila, and Ella!

All three were finalists in the Diocesan Pro-Life Essay contest this year, and Lila won first place overall!



Be the WHY

*You are part of the **WHY** that allows each of us at Blessed Sacrament School to strive for excellence every day. Your support motivates us to continue to aspire towards greatness.*

We would like to thank everyone who has already donated to this year's Annual Giving Campaign. The generosity and support of many parish families, in addition to 40% of our school families, is greatly appreciated.

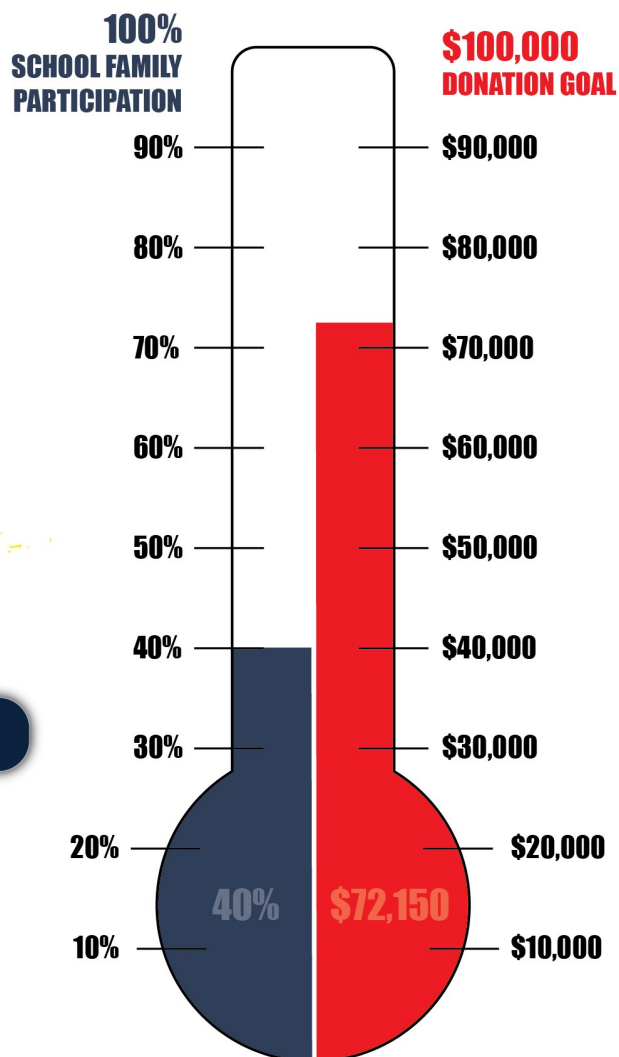
Imagine what we can accomplish with 100% school family participation!

If you have not already contributed, please prayerfully consider making a donation. We would like to challenge the remaining 60% of school families to each make a donation to help us achieve our financial and participation goals!

[CLICK HERE TO DONATE](#)



BLESSED SACRAMENT SCHOOL
ANNUAL GIVING CAMPAIGN
2021 - 2022



Help us reach our Annual Giving Campaign goal and earn a pizza party for your child's grade!

Donations received **through the end of the day, Friday March 25** (including those already received) will count towards the grade level family participation total for our March Madness contest!

The grade level with the HIGHEST participation percentage will receive a pizza party and can wear their favorite college t-shirt to school (date TBD)!

CLICK HERE



TO DONATE

At this time, 40% of school families have generously donated to this year's Annual Giving Campaign. If you have not already done so, we challenge you to consider making a contribution of **at least \$25.**

Every donation is greatly appreciated and helps us continue to provide a top-tier education at Blessed Sacrament School!

A close-up photograph of a pepperoni pizza, showing the melted cheese and pepperoni toppings. The pizza is cut into slices.

MARCH MADNESS PIZZA PARTY!

Parents' Club News

Parents' Club Mission Statement

The purpose of the BSS Parents' Club is to enhance the students' spiritual, emotional, and academic experience through parental support. This is achieved by parents assisting the faculty and staff with classroom activities and school wide events. In addition, Parents' Club will further enhance learning by offering financial support, with money obtained through fundraisers, for enrichment programs that benefit the students of our parish school.

Board Members 2021-2022

Maydie Conkin, President
maydiemack@hotmail.com

Cassie Kathman, Vice-President
cassie13kathman@gmail.com

Brittany Lawrence, Co-Treasurer
brittanymccune@sbcglobal.net

Katie Miller, Co- Treasurer
katierasp@gmail.com

Rebecca Heringhaus, Co-Bookkeeper
rlheringhaus@gmail.com

Brigid Brown, Co-Bookkeeper & Secretary
thebrowns1229@gmail.com

MEET OUR MEMBERS!

Brittany Lawrence, Co-Treasurer: This is Brittany's first year on PC, serving as Co-Treasurer. Brittany is a Tax Partner at Clark Schaefer Hackett CPA Firm, and is the mother to Samantha (5th) and Aiden (1st). She and her husband, Brian live in Lakeside Park.

Katie Miller, Co-Treasurer: This is Katie's first year serving on PC as well, sharing the role of Treasurer. Katie is a Regulatory Reporting Manager at Fifth Third Bank. She and her husband, Josh live in Ft. Mitchell with their sons, Caleb (4th) Noah (K) and Jonah (3 yrs) will be a future Eagle.

The responsibilities of the Treasurer include: receiving and disbursing all monies, be the authorized check signers on the PC checking account, preparing the Budget for the next school year, as well as reviewing all written records and reports pertaining to the PC treasury.

BUDDY CARDS ARE AVAILABLE for \$10 CLICK LINK BELOW to order :

<https://blessed-sacrament-parent-club.square.site/shop/larosa-s-buddy-cards/4>

**STAFF
APPRECIATION
WEEK 5/2-5/6**
Mandy Zimmer, Chair

**FATHER/SON
Friday, April 8th
6-9 PM**
BSS Parish Center & gym
Anne Arnsperger &
Lindsey White, Chairs

**MOTHER /
DAUGHTER
Friday, May 13th
6-9 PM**
BSS Undercroft
Shannon Kurtzner & Kim
Franxman, Chairs

Upcoming

SPIRIT NIGHTS

Chick-fil-A
April 26th 4-9 PM

SPIRIT NIGHT Updates

City Bird \$100

Skyline \$120

Chipotle \$459.90

Chick-fil-A \$190

Cici's \$84

City Bird \$140

Skyline \$130

Chipotle \$528

TOTAL: \$ 1751.90

SAVE THE DATE!

End of the Year
Parent Club/
Development "Wrap
up" Meeting
BSS Undercroft
Wednesday May 4th
6:00 PM

First Grade Stations of the Cross

Pizza orders due by
Wednesday March
30th!

Uniform Info

FREE SCHOOL UNIFORMS!

Our next uniform exchange will be on Thursday, March 31st
from 12:00 PM - 2:00 PM AND from 6:30 PM – 7:30 PM in the Parish Center.

Please feel free to donate old school uniforms (in nice condition) to the school office at any point. At this time, **we do not need white or blue uniform shirts or navy pants.**

As always, you can use the BSS Uniform & Spirit Wear Exchange page on Facebook to donate or sell uniforms, sports items, first communion suits, etc.

Student Council

CHANGE FOR CHANGE - March 28 - April 1 Student Council's largest fundraiser, is back!

The funds collected during Change for Change allow Student Council to make a difference at school and in our community:

- ☐ Donations toward scholarship funds
- ☐ Donations to local charities
- ☐ Needed supplies and materials at school (like new playground equipment!)
- ☐ Prizes for student contests

*Homerooms with the highest totals in each grade level (K-4, 5-8) will receive a pizza party!
Thank you in advance for helping Student Council make CHANGE!*



Art Contest

2022 YEARBOOK COVER DESIGN CONTEST

Open to all Blessed Sacrament students in grades 7 and 8.

Entries must be submitted to Mrs. Miller by **Thursday, 3/24**.

The winning entry will be selected by a panel of judges and will be announced by April 10. The winning entry will be printed as the cover for this year's Blessed Sacrament yearbook.

ENTRY REQUIREMENTS:

- ☐ **SIZE:** 7.25" x 9.5". Templates can be found [HERE](#) or in the art room, or you can measure it yourself on your own paper.
- ☐ **THEME:** Blue Ribbon
- ☐ **DESIGN MUST INCLUDE:**
 - Blessed Sacrament School
 - 2021 – 2022
 - School logo (Students may use a light table to trace logo)
- ☐ **COLOR:** Student choice
- ☐ **MEDIA:** Student choice

From Mrs. Miller

THE ART ROOM NEEDS FAMILY-SIZE CEREAL BOXES, NEWSPAPER, AND PACKING PAPER!

When donating cereal boxes, please remove the bag, open the bottom of the box so that it will lay flat, and send flattened boxes in to the art room.

Please send newspaper and packing paper to the art room in a bag or box.

Thank you!

Help Wanted

Catholic schools in the Diocese of Covington are seeking to fill a number of immediate openings. These include classroom teachers, counselors, instructional aides, and substitute teachers.

Many positions need to be filled beginning in January through the end of the 2021-22 school year.

Visit the “Employment” page on the Diocesan website, www.covdio.org/schools/employment, under “Teacher Openings” and “School-Related Openings”, to view the postings and for information on how to apply.

Questions may be directed to skoplyay@covdio.org.

A close-up, angled shot of a basketball's orange and black textured surface.

Basketball

INTERESTED IN SOME FRIENDLY COMPETITION AND EXERCISE ON THE HARDCOURT?

All parishioners and BSS parents are invited to play basketball on Wednesday nights in the BSS basketball gym.

No commitments required - time of play is dependent on gym usage & weekly participation. A waiver is required for participation.

Contact Chris Pfeiffer for more details at 513-374-6494 or shoot him an email at cpfeiffer@comey.com.

A close-up of a camera lens with various markings and a focus ring.

Yearbook Photos

ARE YOU THE PARENT WHO ALWAYS CAPTURES SPECIAL MOMENTS ON FILM?

We need pictures for the 2021-2022 BSS Yearbook!

Please start gathering your digital photos and feel free to email photos to Parents Club at yearbook@bssky.org.

We will provide information soon with a link for easily sharing photos.

Please ensure that photos are of school events only (classroom parties, after school clubs, BSS sports teams, etc.).

Tuition Assistance

SEEKING LOWER TUITION PAYMENTS??

Parishioners of St. Thomas (POST) is a non-profit group based in St. Thomas Parish, Fort Thomas, that provides opportunities to school families to reduce tuition costs or for parish members to meet personal tithing goals by working Reds and Bengals games.

Any family member of a Diocese of Covington parish or school is eligible to participate. Training is necessary. Currently we are looking for anyone interested in working Reds games. Opening Day is March 31!!

For more information, contact Oak Martin at poststthomas@gmail.com.

Info from CCH



Learn from and interact with former Covington Catholic stars Michael & AJ Mayer!

Throughout the one-day camp, Michael, AJ and our coaches will offer tips and hands-on instruction, including lectures, fundamental football skills stations, contests, and non-contact games in a high-energy, fun, and positive environment with cleanliness and sanitation measures in place.

Campers will be placed in small groups by age to ensure that each child gets maximum instruction featuring a 10:1 maximum camper to coach ratio. The camp will be staffed by some of the area's top high school and college coaches.

Please click [HERE](#) for detailed information about the program and to register online!

Have you ever wished that your family could be included in the tile mural near the BSS entrance? Now is your chance!



At Fine Arts Night, we will once again be painting tiles in the cafeteria, with the help of the Color Me Mine ceramics shop. Mark your calendar for Thursday, May 12, from 6:00 - 7:30 pm.

If interested in reserving a tile, [complete the form \(here\)](#) and send it to the office with your payment by Thursday, 3/31. No orders or payments will be accepted after this date.

A copy of the 6" x 6" design template is [here](#). Create your design ahead of time and bring it to the Fine Arts Night. A Color Me Mine associate will help you transfer the design to your tile and have supplies available for you to paint your tile.

[CLICK HERE FOR ORDER FORM AND TEMPLATE](#)

GRIFFIN ELITE 2022 Summer Camp Schedule

ALL CAMPS INCLUDE T-SHIRTS

June
8th-10th

YOUTH SOCCER CAMP: S1
9am-Noon | \$85/Camper | \$70/Camper for 2+ Siblings

June
15th-17th

YOUTH BASKETBALL CAMP: S1
9am-Noon | \$85/Camper | \$70/Camper for 2+ Siblings

June
22nd-24th

SURVIVOR CAMP: S1
9am-Noon | \$85/Camper | \$70/Camper for 2+ Siblings

July
6th-8th

YOUTH SOCCER CAMP: S2
9am-Noon | \$85/Camper | \$70/Camper for 2+ Siblings

July
13th-15th

YOUTH BASKETBALL CAMP: S2
9am-Noon | \$85/Camper | \$70/Camper for 2+ Siblings

July
20th-22nd

SURVIVOR CAMP: S2
9am-Noon | \$85/Camper | \$70/Camper for 2+ Siblings

New Option:

MULTI-PACK FOR INDIVIDUAL CAMPERS WHO WANT
TO ATTEND MORE THAN ONE OF OUR CAMPS

Single Camper (2) Camp Pack: \$158

Single Camper (3) Camp Pack: \$225

CAN BE APPLIED TO ANY OF THE SUMMER CAMPS
OF YOUR CHOOSING!

How To Register:

DOWNLOAD OUR GRIFFIN ELITE APP

VISIT WWW.GRIFFINELITE.COM/EVENTS

CALL (859) 331-0979



From Our Parish

Lent

Way of the Cross followed by Reconciliation

Fridays - 7 p.m. in church

Sacrament of Reconciliation

Saturdays -
2:30-3:30 p.m.

Thursdays before
First Friday - 10:30a.m.

3rd Tuesdays - 6:30-7:30 p.m.



Exposition of the Blessed Sacrament

Wednesdays - 10:30 a.m.- 4 p.m. with rosary and benediction
beginning at 3:30

Blessed Sacrament Church

BECOMING STEWARDS IN COMMUNITY



A FEW REMINDERS...

- ☐ Please remember to keep extra masks in backpacks
- ☐ Please consider keeping a small hand sanitizer in backpacks and lunch boxes
- ☐ Our current arrival and dismissal procedures can be found [HERE](#) in the handbook (see page 28)
- ☐ Please make sure that snacks are peanut-free. A list of safe options can be found [HERE](#), but please check labels as there may be other items that are not included on this list.
- ☐ Your children are **AWESOME** and we are **SO HAPPY** that they are here!

THANK YOU FOR ALL THAT YOU DO EVERY DAY!

WE APPRECIATE YOU!

If you have a great idea to share, feedback on an event, questions on upcoming events, or want more information on how to get involved please contact the BSS Parents Club at parentsclub@bssky.org.

If you would like to submit an article or flyer to our weekly newsletter, please send information to Annie Ernst at annernst@bssky.org.
All information MUST be submitted by 12:00 pm on Monday to be printed in that week's newsletter.
(Submissions made after the deadline will run in the following week's newsletter.)

Check us out on Social Media



<https://www.facebook.com/BSSKY>



https://www.instagram.com/bss_ky/



https://twitter.com/BSS_KY



Blessed Sacrament School • 2407 Dixie Highway, Fort Mitchell, Kentucky 41017

school.bssky.org • Diocese of Covington

A National Blue Ribbon School of Excellence • 1994, 2007, 2015



The mission of Blessed Sacrament school
is to spiritually, academically, and personally develop active Catholics
using the Gospel teachings of Jesus Christ.