

# NOVEMBER | 2022



## Elementary Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>31</b> Mini Corn Dogs Mac & Cheese Corn Broccoli with Dip Peach Cups Frozen Sidekicks Milk	<b>1</b> All Saints Day No School	<b>2</b> Salisbury Steak Dinner Rolls or Chicken Patty on Bun Mashed Potatoes Green Beans Pineapple Tidbits Fresh Fruit Milk	<b>3</b> 3 or 4 Way Chili Spaghetti Kidney Beans Diced Onions, Shredded Cheese Oyster Crackers Glazed Carrots Veggie Boats with Dip Mandarin Oranges, Fresh Fruit Milk	<b>4</b> Cheese Bites Marinara Sauce Steamed Broccoli Garden Salads Applesauce Fresh Fruit Milk
<b>7</b> Chicken or Cheese Quesadilla Salsa Cups, Sour Cream Refried Beans Corn Peach Cups Frozen Sidekicks Milk	<b>8</b> Hot Dog or Cheese Coney Roasted Potatoes Diced Onions, Shredded Cheese Carrots and Celery with Dip Pear Cups Fresh Fruit Milk	<b>9</b> Roast Beef with Gravy Dinner Rolls Mashed Potatoes Green Beans Pineapple Tidbits Fresh Fruit Milk	<b>10</b> Chicken Nuggets Mac & Cheese Baked Beans Veggie Boats with Dip Mandarin Oranges Fresh Fruit Milk	<b>11</b> Grilled Cheese Tomato Soup Oyster Crackers Garden Salads Applesauce Fresh Fruit Milk
<b>14</b> Chicken Patty on Bun Waffle Fries Baked Beans Peach Cups Frozen Sidekicks Milk	<b>15</b> Cheese or Pepperoni Pizza Carrots with Dip Steamed Broccoli Pear Cups Fresh Fruit Milk	<b>16</b> Turkey Roast with Gravy Dinner Rolls Mashed Potatoes Green Beans Stuffing Pineapple Tidbits, Fresh Fruit Pumpkin Pie Milk	<b>17</b> Confetti Pancakes Sausage Patties Smile Fries Veggie Boats with Dip Baked Apples Fresh Fruit Milk	<b>18</b> Pizza Crunchers Marinara Sauce Green Beans Garden Salads Applesauce Fresh Fruit Milk
<b>21</b> Chicken Tenders Roasted Potatoes Green Beans Mini Biscuit Peach Cups Frozen Sidekicks Milk	<b>22</b> Beef Soft Taco Shredded Cheese Salsa Cups, Sour Cream Corn Black Beans Pear Cups Fresh Fruit Milk	<b>23</b> Chicken Drumsticks Dinner Rolls Mashed Potatoes Glazed Carrots Pineapple Tidbits Fresh Fruit Milk	<b>24</b> Thanksgiving No School	<b>25</b> No School
<b>28</b> Mini Corn Dogs Mac & Cheese Corn Broccoli with Dip Peach Cups Frozen Sidekicks Milk	<b>29</b> Hamburger or Cheeseburger Potato Wedges Baked Beans Pear Cups Fresh Fruit Milk	<b>30</b> Salisbury Steak Dinner Rolls or Chicken Patty on Bun Mashed Potatoes Green Beans Pineapple Tidbits Fresh Fruit Milk	<b>1</b> TBD	<b>2</b> TBD

### Alternate Meal Options

Milk and choice of fruits and vegetables offered daily with all alternate meal options.

#### **PB&J Grab and Go**

PB&J Uncrustable, cheese stick goldfish crackers

#### **Turkey/Cheese Lunchable**

Turkey, cheese cubes, goldfish crackers and pretzels

#### **Hummus Grab & Go**

Hummus cup, cheese stick, tortilla chips

#### **Protein Pack**

Hard-boiled egg, cheese cubes, goldfish crackers and pretzels

#### **Chef Salad**

Turkey or hard-boiled egg, romaine, goldfish crackers and pretzels

**\*Meat options are not offered on Fridays\***

**\*Menu subject to change by product availability\***